## THE BIG DEAL ABOUT A MAJOR

A major concentrates study in a particular discipline or disciplines. Requiring a major assures that each student will reach advanced knowledge in a specified field. At Nebraska Wesleyan University, a major consists of at least 30 credit hours pursued under the direction of a department or an interdisciplinary program.

Students enter NWU without formally declaring a major. In fact, the earliest a student is permitted to declare a major is second semester of the first year. Some areas of study, however, require a special sequencing of classes; consequently, students are strongly encouraged to declare a major during their sophomore year.

Those considering possible majors in music, education, theatre, mathematics, or certain health and science fields should consult with advisors in their intended departments early so they do not fall behind in fulfilling requirements.

## RELATIONSHIPS BETWEEN MAJORS AND CAREERS

Some careers, like education, accounting, and nursing, have specific academic requirements.

$$
\text { Major } \mathbf{A} \longrightarrow \text { Career } \mathbf{A}
$$

Combined with related coursework, internships, or volunteer experience, some majors can lead to a variety of careers. For example, an English major could pursue careers in law, business, government, or other industries.


Some careers require skills and knowledge gained through a variety of majors. For example, students interested in law or medicine could major in psychology, business, or exercise science, among other majors.


## STEPS TO DECLARE A MAJOR

1. Talk to the chair of the department in which you wish to declare a major. Discuss course requirements and other details.
2. Pick up a "Declaration of Major" form from the Registrar's Office or download it at registrar.nebrwesleyan.edu.
3. Complete the form and have the chair of the department sign it.

## STRATEGIES FOR MAKING MAJOR DECISIONS

## SEEK GUIDANCE FROM A CAREER COUNSELOR

- Set up an appointment to discuss ways your interests, values and skills align with major and career options. Develop a decision-making plan.
- Complete an inventory to help assess your interests.


## LISTEN TO YOURSELF

- Evaluate your academic strengths.
- Notice what homework you do first and what you put off.
- Recognize courses where you find the content fascinating.


## RESEARCH MAJORS AND CAREERS

- Visit career.nebrwesleyan.edu and choose "Major and Career Exploration." Explore the "What can I do with this degree" information.
- Use the Career Center website for links to gather information about occupations of interest.
- Interview an alumnus about their field, utilizing the Career Assistance Network, a database of more than 1500 NWU alumni willing to share their expertise.


## MAKE A SMALLER DECISION FIRST

- Begin by selecting a broad academic area: Humanities, Social Sciences, Math \& Science, Health Care, The Arts, Business
- Use the process of elimination. What DON'T you want to study?


## CHECK OUT MAJOR COURSE REQUIREMENTS

- Visit catalog.nebrwesleyan.edu and look at the required courses for each major you are considering. Are almost all of the classes appealing to you? Only a few?
Compare with other majors of interest.


## EXPERIENCE THE ENVIRONMENT

- Sit in on classes in areas you are considering.
- Shadow professionals in a career field of interest, using the Career Assistance Network as a resource.
- Volunteer or take a part-time job in an environment of interest.


## WORK BACKWARD

- If you have a career in mind, consider the major(s) that will logically get you to that career.
- If that's not appealing, can you minor in that field, major in something you love, and still get there?
- Will internships compensate for a less directly related major?

4. Sign the form and return it to the Registrar's Office.

## CREATE YOUR SHORT LIST OF MAJORS

Using the list below, determine your level of interest in each major to create your short list of majors that interests you.
$1=$ Definitely possible $\quad 2=$ Worth considering $\quad 3=$ What is this? $\quad 4=$ No way!

| $\square$ | $\square$ | Accounting |
| :--- | :--- | :--- |
| $\square$ Acting | $\square$ Financial Planning |  |
| $\square$ Art | $\square$ Gender and Sexuality Studies | $\square$ Musical Theatre |
| $\square$ Biochemistry/Molecular Biology | $\square$ Health and Fitness Studies | $\square$ Philosophy and Religion |
| $\square$ Biology | $\square$ Health and Physical Education | $\square$ Physical Education |
| $\square$ Business Administration | $\square$ History | $\square$ Physics |
| $\square$ Business-Sociology | $\square$ History-Social Science Education Science | $\square$ Project Management |
| $\square$ Chemistry | $\square$ Integrative Studies | $\square$ Psychology |
| $\square$ Communication Studies | $\square$ International Business | $\square$ Public Health |
| $\square$ Criminology | $\square$ International Studies | $\square$ Science Education |
| $\square$ Data Analytics | $\square$ Language Arts Education | $\square$ Social Work |
| $\square$ Digital Marketing | $\square$ Mathematics | $\square$ Sociology-Anthropology |
| $\square$ Directing | $\square$ Modern Language Studies | $\square$ Special Education |
| $\square$ Economics | $\square$ Music | $\square$ Sport Management |
| $\square$ Elementary Education | $\square$ Music Education, Combination | $\square$ Theatre Arts |
| $\square$ English | $\square$ Music Education, Vocal | $\square$ Theatre Arts Education |
| $\square$ Exercise Science | $\square$ Music Performance | $\square$ Theatre Design and Technology |
|  |  | $\square$ Theatre Studies |

Now, select your top three options for a potential academic major: MAJOR 1: $\qquad$ MAJOR 2: $\qquad$ MAJOR 3: $\qquad$

## INTERESTED IN A MINOR?

Nebraska Wesleyan University also offers the following minors:

Accounting
Art History
Art Studio
Biology
Business Administration
Chemistry
Coaching
Communication Studies
Computer Science
Criminal Justice
Data Analytics
East Asian Studies
Economics
English

Environmental Studies
Exercise Science
Family Studies
Finance
Gender and Sexuality Studies
Health and Fitness Studies
History
Human Resources Management
International Policy
International Studies
Marketing
Mathematics
Modern Language Literacy
Music

Philosophy and Religion
Physics
Political Science
Project Management
Psychology
Public Health
Religious Diversity
Sociology-Anthropology
Sport Management
Theatre Arts
U.S. Minority Studies

Writing

